



Blanford Mere Nursery and Primary School

Mimosa Walk, Kingswinford, West Midlands DY6 7EA

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We are pleased to inform you of an exciting opportunity and addition to our Early Years curriculum. For the past couple of weeks for the next term, Reception classes will have a 40 minute 'Balanceability' class every Monday afternoon. These classes teach the early balance skills needed to ride a bicycle. They develop coordination and core strength and have been linked to improvements in writing.

The programme will be delivered by our Sports partners, RB Sports and will be funded from the school's Sports Premium budget. Please see the attached leaflet for further information about the programme.

Classes will take place in the playground unless it is raining. Please ensure that your child brings a warm, showerproof coat and wears school trousers on Monday's. Girls should avoid wearing skirts or dresses as these may get caught up in the equipment. If required, jogging bottoms may be worn for the sessions but children will be required to change back into school uniform after the activity.

Regards,

The Early Years Team